

Schedule for Summer Programs 2015

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15 – 7:30	Competitive A Masters Comp	Competitive A Competitive B	Competitive A Master Comp	Competitive A Masters Comp	Competitive A Competitive B Masters Comp		Competitive A Masters Comp
8:00-9:30	Youth Rec	Youth Rec	Youth Rec	Youth Rec	Youth Rec		
10:00 – 11:30	Youth Learn to Row	Youth Learn to Row	Youth Learn to Row	Youth Learn to Row	Youth Learn to Row		7:30 -... Competitive A*
							Competitive A*
	Break						Alternate SJ and Fred
12:30 – 4:30	Club Maintenance /Administration						
Independent	Comp A Weights		4:30 – 5:30 Competitive A Weights		Comp A Weights/Erg		
5:30 – 7:30	Competitive B	Competitive A	5:30-7:30 Competitive A Competitive B	Competitive A	Competitive B		
7:30 – 8:45	Open Row	Competitive B	Open Row	Competitive B	Open Row		

* Competitive programs Subject to Change