

Emergency Action Plan

Club: Kennebecasis Rowing Club
Club Captain: Matt Snelgrove 506-644-9558
Club President: Chris Flood 506-333-8001
Contacts: Randy Miller 506-608-8785
Margie Trafton 506-650-5845
John Oxley 506-333-1763
Club Address: 10 Regatta Row, Rothesay
Club Tel: 506-847-5803

EMS (911) Protocol

When you call EMS (911), provide your name and title or position, current address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested.

Scene control: Limit scene to first aid providers and move bystanders away from area

Hospital Name: **Saint John Regional Hospital**
Emergency Room Phone Number (Switchboard): **506-648-6000**

Hospital Directions:

Take James Renforth Dr to Rothesay Rd/NB-100 W
1 min (450 m)

Turn right onto Rothesay Rd/NB-100 W
3 min (3.0 km)

Turn right onto Ashburn Rd
2 min (1.8 km)

Turn right onto Foster Thurston
2 min (1.8 km)

Foster Thurston becomes Sandy Point approximately the Cheery Brook Zoo.
Stay on Sandy Point Drive
6 min (5.7 km)

At the lights Turn right onto Tucker Park Road
Follow signs to Hospital Emergency Department

Emergency Action Plan: Water Situation

1. Stay Calm
2. Assess the situation, identifying risks to yourself and others
3. If it is safe to proceed, continue with getting participants to safety
 - Ensure that all athletes are given and are wearing a PFD
 - Get athlete(s) into the coach boat, and out of the elements
 - Once on land proceed with RCA safety guidelines
4. If necessary radio Fundy Traffic VHF Channel 16
5. If necessary, contact the Club Manager and the participant's emergency contact. If either suggests medical attention, call 911.
6. Get to the nearest safe haven. Ideally, this is the club house. If this is not possible, the coach should proceed to bring the athlete(s) to the nearest safe haven. These locations include (as indicated on the attached aerial photo in PINK):
 - K Park Beach
 - K Park Boat Landing
 - Public Landing
 - Rothesay Yacht Club
7. Once safely on land, the coach should assess the athlete(s) for injury and proceed accordingly by contacting 911; athlete's emergency contact; club member listed above; parent, etc.

EAP to Include:

- Emergency Contact Numbers for Athletes currently registered should be posted at all times on the bulletin board by the club entrance.

